About this Newsletter

This Newsletter is produced by the Speak Up, Epping! Communications Group. The purpose of the newsletter is to provide information about upcoming events and pertinent information from community organizations. Please note that no editorial, political or religious views will be accepted and the Communications Group reserves the right to edit submissions. If you would like to submit material for and/or receive this newsletter electronically, please visit our website at www.SpeakUpEpping.org.

Check Out Our Newsletter Website

Be sure and check out our Speak Up, Epping! website: www.speakupepping.org. Each new issue of the Newsletter will be available by downloading it from the website. You will also find late breaking news, past Newsletters, town links, calendars and all our ads with links to our advertisers’ websites and spotlights on several of our businesses.

Also, check us out on our new Facebook page! Join us for more late-breaking news and events that could not make our Newsletter deadline. You can connect with us and with other local friends, services, businesses and organizations.

Let us know if you have a community event or pictures that you would like to share.

Epping Farmers Market

The Epping Farmers Market is now taking place in the center of town on the corner of Main and Pleasant Streets in the Epping Community Church parking lot. If you can’t walk, you can park your car in the church lot, on the street or in the municipal lot. The Market will be held every Friday from 3:00 to 6:00 pm until September 28th.

Local farmers bring vegetables, meat and fruit. There will be honey, maple syrup, gourmet popcorn, waffles on a stick, jams, jellies, sauces, cheese and, if you are planning a garden, seedlings to speed up your harvest.

All are welcome to stop in for the area’s local farm products, fine music, children’s activities and the chance to talk with other town folk.

Blueberry Pickers Wanted

Are you looking for an extra vacation job that gives you money for college savings or school, and that has flexible days and hours? If so, you may qualify to join the elite Rockingham County Blueberry Picking Team at Tributary Farm in West Epping. Pickers need to be 12+ years old.

For more information or for an interview, please contact Isobel Parke at 679-5304 or by e-mail at iparke@jjwpr.com.

Help Support Our Troops All Year

Troop flights returning from or going to the Middle East are met at Pease Air Terminal in Portsmouth, NH, by the Pease Greeters, a group of volunteers. The group has over 100 members and they have not missed greeting a flight since 2005. In addition to greeting flights, they also coordinate sending care packages to troops overseas. Packages are sent monthly and items are collected throughout the year.

You can drop anything from the following list to Joyce at the Town Hall or contact JoAnne Schottler at 772-8620 or jschatlady@aol.com

Pease Greeters Care Package Wish List

<table>
<thead>
<tr>
<th>Toiletry items-8 oz. or travel size, no aerosol cans</th>
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<tbody>
<tr>
<td>Chapsticks</td>
<td>Eye Drops</td>
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<tr>
<td>Hand lotion</td>
<td>Shampoo</td>
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<tr>
<td>Deodorant</td>
<td>Inner soles</td>
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<tr>
<td>Tylenol</td>
<td>Foot powder</td>
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<td>Aspirin</td>
<td>Conditioner</td>
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<td>Dental Floss</td>
<td>Handi-Wipes</td>
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<td>Food items-individually packed to share</td>
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<tr>
<td>Cookies</td>
<td>Coffee -1 lb.</td>
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<tr>
<td>Nuts</td>
<td>Gum</td>
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<td>Trail mix</td>
<td>Beef Jerky</td>
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<tr>
<td>Pop-tarts</td>
<td>Hard Candy</td>
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<tr>
<td>Microwave popcorn</td>
<td>Slim Jims</td>
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<tr>
<td>Crystal Light, etc. – on-the-go drink mixes</td>
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</table>
Fun stuff for the Troops
Frisbees  Yo-Yos
Dice  Playing cards
Baseballs  Small Nerf Balls
Rubik Cubes  Small card games
Items that cannot be sent
Any food containing pork
Adult books or magazines

Other ways to support our Troops
Donate your old cell phone.

More than 150,000 troops are serving overseas and are away from their families. Please make a donation of your old cell phone and provide these soldiers with a much needed connection to their loved ones. There is a drop off box at the Epping Town Hall for your convenience.

If you have any questions or want more information about how you can help the troops, contact Joyce in the Town Clerk’s Office at the Epping Town Hall or call 679-5441, ext. 101.

Coupons for Military Service Families
Manufacturer’s coupons are much appreciated by service members and their families, as well as by civilian employees and their families, at American military bases around the world. One way to get coupons to the troops is through Troopons, a project operated by SupportOurTroops.org (SOT). SOT does not ship coupons to individual families. Rather, bulk shipments of coupons are sent to base stores (commissary and PX) where families can choose which coupons work out for them.

Coupons can be from newspapers, supermarket dispensers, tear-off pads or mailings like Valu-Pak. However, coupons printed from Internet sites are unsuitable for this project, as are coupons from stores like Target or Shaws, from restaurants, food stamps or assistance vouchers.

Coupons can be current or outdated but not by more than 60 days. They can be for food items (anything suitable for human consumption, including chewing gum and mints), non-food items (pet food, vitamins, housewares, paper towels, toilet tissue, cleaning products), or baby products (diapers, wipes). Food coupons are requested most often, followed closely by baby products, then non-food items.

To prepare coupons for the SOT Troopons program, clip each coupon individually. Do not send entire inserts. Separate coupons by category into sandwich-size or quart-size zip-top bags; don’t use rubber bands or paper clips for sorting because they can break or fall off. Seal each bag, marking it with the type of coupons enclosed and an approximate total of the face values included. For “buy-one, get one free” coupons, use the highest store price (or your best guess) for its value.

Sort and bag current coupons and expired coupons separately.

Send current coupons to CouponCabin.com, ATTN: Active Troopons, P.O. Box 231, Whiting, IN 46394-0231.

Send expired coupons to CouponCabin.com, ATTN: Expired Troopons, P.O.Box 430, Whiting, IN 46394-0430.

Epping Lions Club
“We Serve”

Our Annual Lamprey River Canoe Race was held on Saturday, April 28th. The day was cold, but we still had a great turnout of dedicated racers, some even sporting fabulous costumes. This year hot dogs were available back at Mary Blair Park after the race. We do still have some T-shirts left, so contact a Lion if you would like one! This is our biggest event of the year, and it gets bigger and better each year. Results and winners are posted on our website: http://epping.nhlions.org.

The Lions gave their first scholarship to a graduating Senior on Awards night on June 12th. The scholarship was for $500 and was awarded to Kyrra Robichaeau, who plans on attending UNH in the fall. She had the best "community service" oriented application, out of the 14 applicants we received. Lions Deb Brooks and Colleen Palmer attended the dinner.

The Lions also continue to support the eyeglass boxes, located at several locations around town, including the Epping Walmart, Checkers Barber Shop and J&C Optical. Please drop off your old eyeglasses to help others who need them.

Meeting times are posted on our website, which are generally the fourth Tuesday of the month at 6:30 pm. Currently we meet at either Checkers Barber Shop downtown or the Harvey Farm Milk Room during the summer. We are always looking for new members interested in fellowship and serving their community. We’d love to see you!

Pam Tibbetts, President
lampreygirl@hotmail.com.......................679-5572

Deb Brooks, Vice President
lexusreina@comcast.net..........................679-5407

Colleen Palmer, Secretary
colleenmariepalmer@hotmail.com...........679-3554

Jen Adams, Treasurer
jenadams24@comcast.net........................679-8927
Senior Moments

The senior citizens enjoyed some fun trips in the last few weeks. The mystery trip really pleased everyone when they entered the Butterfly Place in Westford, Massachusetts. It was breathtaking with rainbows of butterflies fluttering everywhere and landing on several delighted people. This is another "must see" for a family trip during the summer.

Our most recent trip was to the Telephone Museum in Warner, New Hampshire. This really took us back to our youth: party lines, switchboards, operators and pay phones for five cents. Some features went back further then us, thank goodness. This visit took one of our members back to the days when she was a switchboard operator those many years ago. She can still recall every detail of those complicated boards.

We have news about our Yard Sale. As it is every year, it was a great success and we thank everyone for helping us to reach that goal. In the last issue, I mentioned that it may be our last - remember? Well, I was wrong (being wrong twice in one month is scary). The Epping Recreation Department has come to the rescue of us oldies and agreed to help us next year. We are thrilled! We don't like giving up the fun and friends. Together it will be bigger and better. So, when you get your 2013 calendar, mark an X some where on April. We'll be in touch with details later.

Thanks again to the Harvey family and friends who always make our annual picnic a fun day. A fun tradition has been born.

The Club is placed on "pause" during the summer while the Rec Department is so busy with the young people. However, while we are waiting to get back in the Center we'll go shopping....at the new Merrimack Mall in August. We'll tell you all about that in the next issue.

A visit to the Stark Fort is also on our calendar for later as well as the Libby Museum in Wolfeboro.

Seniors 55 and over are always welcome to join us. We meet the second Thursday of each month (except July) at the Recreation Building, beginning at 1:00 pm. Questions?....call 679-3301. Check us out.

Here is one of my favorite tips.................put one of those potpourri wax tarts of your favorite scent into one of the cup holders. Smells much better than the grandkid's sneakers.

Submitted by Irene R. Cote

TALES FROM EPPING'S PAST
PIAZZA (NOT PIZZA)
AND MOXIE TIME IN EPPING

Old photos show Epping looking like an old cowboy town with hitching posts, stables, and horse and wagon tracks all over dirt roads. Water was hand pumped and light was provided by oil lamps, candles and the sun. Wood-fed stoves and fireplaces were used for cooking, baking, and for keeping warm on frosty days. Many houses also had connected barns to care for their animals without having to go out in the icy snow and sub-zero temps of those "old fashioned New England winters." Oxen or horse teams cut roads through the snow, making it easier to get out and about by foot, snowshoe or sleigh. Some folks chose to travel by ice skating on the frozen rivers and sometimes they fell through.

After months of slipping around, everybody was good and ready for the less stressful days of summer. Even during the summer of 1905, when some folks were hopping mad at their new $12.00 a year bills for town water, they surely could calm down and cool off out on a piazza with a glass of Moxie. Moxie was a drink said to help with "softening of the brain, nervousness and insomnia." Moxie was also supposed to toughen us all up and be ready to take on anything. If that didn't do it, a plate of America's favorite cookies might help. Both Moxie and the original Oreos are still available at the local grocery store.

What we call porches today, everybody called "piazzas" back then. Plain or fancy, screened or not, they were found on houses and storefronts all over town and were favorite places for relaxing. Some had hammocks for snoozing and music from hand cranked record players (until 1909 when electricity brought the magic of radio to Epping). Tables were set up for cards, puzzles or checkers, (perhaps in hope of beating Tom Leddy, our own three time State Checker Champion).

Every July 4th, one family used to invite all the children in town over for hot dogs, Moxie and tasty donuts made all day by the ladies of the house. The backyard was filled with kids playing games and being treated to movies in the barn. Movies were always a sure hit with everybody. Around 1914, Mr. Charles Gardner leased the Jordan Block on Main Street (a brick building now used for housing). He wired the place for movies and had a full house every Saturday night at ten cents a ticket. He grandly called it the Olympia Theatre and for a while there, the whole building was known as the
Olympia Block.

On any summer day you might spot Lottie Goodrich’s peacocks strutting on the lawn around her brick house or, from your piazza, count all the Model T-Fords and horse and buggies heading to the beach on what is now Route 27.

Or, you might have seen a large mother pig strolling along Pleasant Street with all her piglets. They had broken loose from their pen when nobody was looking and had almost made it to Main Street when they decided to take a rest and their morning snack on the shady lawn of the Congregational Church. The minister tried getting them up and moving along, but they would not budge. People started gathering and offering advice. Finally some neighborhood ladies arrived on the scene, sized up the situation, hiked up their long skirts and work aprons, rolled up their sleeves, and commenced to paddle the escapees up on their feet and all the way back home with their brooms. The dear daughter of one of those ladies, just a little girl back then, told me this Epping tale many years ago.

Those were the days, my friends.

This is the twelfth in a series of articles
Text/Research: Madelyn Williamson

Epping Historical Society

The Epping Historical Society proudly awarded a scholarship to Chelsea Duchesne at Senior Night on June 12th. The 2012 Epping High graduate will major in history at Franklin Pierce University, where she will start classes this fall. Chelsea expressed a lifelong interest in history in her scholarship application essay. The EHS scholarship recognizes those students who value the study of history. The EHS sends its best wishes for success to Chelsea.

In mid-summer, the EHS building on Water Street will get a new coat of paint. The Adam McPhee Memorial Foundation offered painting services to the Society in late May. Work will begin around the first of August. The Water Street building received its last coat of paint in 2003. The EHS Board expresses its heartfelt thanks to the McPhee Foundation for its generosity.

The EHS tent/table at the Family Fun Day at Mary Blair Park drew a small, but friendly crowd on May 20th. The Society co-sponsored the event to celebrate the Lamprey River’s inclusion in the Wild and Scenic Rivers program. Brochures distributed by EHS volunteers gave a first glimpse at the quality of the signs that will be erected in the park to detail the historical relevance of the dams and mills that occupied this small, nearby stretch of the Lamprey River for over 260 years.

An enthusiastic and dedicated group of volunteers will meet in the next few weeks to begin planning some fundraising events for the Society. The Historical Society Board has identified numerous needed improvements to the Water Street building, such as handicapped-accessible entrances and restrooms, as future projects for money raised during this and future fundraisers. Please help the EHS fulfill its mission “To tell the stories of Epping’s past by exploring and preserving the visual and written records of those who came before us,” by helping us maintain and improve our facilities.

Visit the Society on Mondays from 9:00 am to 12:00 noon, or by calling for an appointment at 679-2944. Thank you for your continued support of the Epping Historical Society.

The Civil War Roundtable of NH

We’re on summer break in July and August, but we’ll back in September.

Fall schedule 2012

On September 14th (2nd Friday) Craig Caba will present the "J. Howard Wert Collection of Gettysburg Americana."

On October 19th (3rd Friday) Dan Murray and Jim Sutherland will present "Masons of the Civil War."

On November 9th (2nd Friday) Lorraine O’Connor (CWRTNH) will present " Harriet Dane, Civil War Nurse."

Check our website: http://www.cwrt-nh.org to check our schedule and find out more about the CWRT-NH. If you choose TO JOIN, great! We like to increase our membership, and all are welcome to be part of our group (students of all ages are welcomed).

Thank you for your interest in advance.

Submitted by Dan Bennis

Epping Garden Club

It’s been an exciting spring for the Epping Garden Club! First on Memorial Day, we had a great plant sale that brought in just over $150 and we held our first benefit yard sale on June 23rd. With the money we made from the plant and yard sales, we will be purchasing a second cast iron urn to pair with the one that we had to move from the Academy Street triangle to the Cemetery gate earlier this month.

Most exciting of all, though, is that on June 5th we were awarded the 2012 Lowe’s Community
Action Grant! With this $1,200 grant we will be able to do three major projects, as well as several smaller ones that we've dreamed about for years! Initially we applied for only a portion of the grant to get the money and muscle power we needed to redo the Blake Road/Old State Road eyesore, um I mean triangle! Lowe's was so impressed with our plan to dress up that triangle that they offered to work on the plantings in front of the Police and Fire Departments and plant some additional perennials around the Town Hall. They will also add a hard border to our flower beds at the Town Hall to keep those renegade weed-whackers at bay as well! We are hoping to have enough money left from the grant to purchase larger urns for in front of the Library and two large urns for the DAR Park downtown. So on the weekend of July 7th, you will see several crews of Lowe's employee volunteers dressing up all of these areas around town!

If you would like to be added to the EGC's e-mail list to receive meeting updates, please e-mail us at: http://www.eppinggardenculture@gmail.com
Please check our Facebook page and the Library bulletin board for more Garden Club information.

Submitted by Mary-Jo Hinkle, EGC President

Leddy Center

The beautiful Broadway musical, "Fiddler on the Roof," is coming to the Leddy Center from July 6th to 22nd. Dr. Paul Gustavson stars as Tevye in this wonderful show for the whole family. Well-known songs from this great show are, "Tradition!", "If I Were A Rich Man", "Sunrise, Sunset", "To Life!", "Do You Love Me?", "Now, I Have Everything", "Wonder of Wonders", and many more.

The Leddy Center’s season continues with Mary Gatchell and her amazing band from New York City returning on October 15th, for “Mary Gatchell in Concert.” “The Wizard of Oz,” L. Frank Baum’s masterpiece for the whole family, will follow from October 26th through November 14th. The 2012 season will conclude with the Charles Dickens family Christmas classic “A Christmas Carol,” on stage from November 30th through December 9th.

Individual tickets are $18 and $16, depending on seating, and subscription series are available. The Leddy Center box office is open Monday through Friday from 3:00 to 5:00 pm. Visit or call the Leddy Center at 603 679-2781 for ticket information or order tickets online at www.leddycenter.org.

ETV Schedule

Channel 22 - ETV - Schedule - live programs
Monday – July 9 & 23, August 6 & 20 Selectmen – 7 pm
Tuesday – July 3, August 7 - Water and Sewer - 7 pm
Tuesday – August 27 – Fire Wards - 7 pm
Wednesday – August 1 – Recreation - 7 pm
Wednesday – August 15 – Budget Committee – 7 pm
Thursday – July 5 & 19, August 2 & 16 - School Board – 7 pm
Thursday – July 12, August 9 - Planning Board – 6 pm
Friday – August 17 – Civil War Round Table 7:15 pm

Monday meetings are rebroadcast:
1/2 hour after meeting
Tuesday - 7 am
Wednesday - 11 am
Thursday - 3 pm
Monday - 2 am

Tuesday meetings are rebroadcast:
1/2 hour after meeting
Wednesday - 7 am
Thursday - 11 am
Monday - 3 pm
Tuesday - 2 am

Wednesday meetings are rebroadcast:
1/2 hour after meeting
Thursday - 7 am
Monday - 11 am
Tuesday - 3 pm
Wednesday - 2 am

Thursday meetings are rebroadcast:
1/2 hour after meeting
Monday - 7 am
Tuesday - 11 am
Wednesday - 3 pm
Thursday - 2 am

All dates and times are subject to change. Please consult the ETV Bulletin Board or the Town website for any changes or updates.

Always remember that Board meetings are available any time at your convenience by going to http://etv22@pegcentral.com. They are usually available the day following their “live” broadcast.

Also available is “live” video streaming. You can watch the meetings from anywhere as they are being broadcast live -- by going to: http://etv22.pegcentral.com/live/live_etv22.html.
News From the Town

Election Day for the State Primary will be on September 11th, 2012. Voting will take place at the Middle School Gymnasium from 8:00 am to 7:00 pm. The Democratic Party and the Republican Party will be selecting their candidates to go on the ballot in November for State Offices. Due to recently passed legislation, you will be asked to present a photo ID to obtain a ballot. If you have not yet registered to vote in Epping, you may do so up until September 4th, or you may register at the polls on Election Day. Voters who are already on the checklist may not change their political party until after the September Primary.

Submitted by Linda Foley, Town Clerk

American Legion Post 51 Events

The Legion is taking off July and August, so no events are coming up. Sunday morning breakfasts are CANCELLED until Further Notice, awaiting Upgrades to pass inspections.

Scouting Around Epping

Cub Scout Pack 136

Congratulations to all the boys of Pack 136

During the Pack meeting on June 20th, all the boys were promoted to their new ranks in Pack 136. Congrats to all the boys and Den leaders who worked hard during the year to achieve their goals and obtain their new ranks in the Pack.

PACK 136 Welcomes the town of Newfields to the pack.

Pack 136 had an open house for the boys of Newfields and welcomed any boy 1st grade through 5th grade to join our Pack. We were able to recruit a Den of new Tiger Cubs. Welcome to Burton Campbell, Donovan Carroll, Cameron Hansen, Emmett Hartford and Tyler Howe to Pack 136!!!

UPCOMING EVENTS:

Boston/Portsmouth Air Show
June 30th - July 1st weekend. Located on Pease Air Force Base. Watch the Blue Angels and others do some air acrobatics. Fun for the whole family!

Summer Camp
Resident Camp: July 15th through the 19th at Camp Carpenter

Day Camp: July 9th through the 13th 8 – 4 pm at the YMCA in Portsmouth

Other ways to help the Scouts: Empties4cash fundraising program:

We are collecting unwanted or used inkjet cartridges. We will have collection sites at the Library, the Town Hall and possibly the Community Church. If you have unwanted inkjet cartridges at home that you can donate to the Scouts, please contact Andrea Meyer at her e-mail address at ameyer71@gmail.com

Interested in Scouting? About Scouting:

Scouting is organized into Dens by age groups:
1st grade, Tiger Cubs; 2nd grade, Wolf; 3rd grade, Bears; 4th grade, 1st year Webelos; and 5th grade, 2nd year Webelos.

The Pack consists of Dens and their families. Pack 136 meets monthly, usually on the third Wednesday of every month at 6:30 pm at the Epping Middle School. Pack meetings are filled with fun and they’re a way to celebrate Scouting, promote family sense of community and reward the boys for their hard work.

SCOUTING = FUN, Don’t miss out!

We are looking forward to lots more fun events. Some examples of things we plan to do this school year are: Family Fun day at a corn maze, Family Bowling night out with the Pack, Attend a Monarchs game, Winter Fun Day at Camp Dion (the Webelos get to do a sleep over!), Blue & Gold Banquet, Pinewood Derby race, Rain Gutter Regatta Race, Sleepover on the SS Salem, see historic Battleships and camp overnight on a real battleship, Fisher Cats game and camping overnight on the field. It’s going to be an incredible year of Scouting. The boys will all be working hard on their badges for the year.

Thank you to the Epping Community for all of your support. The Pack would like to extend a very big thank you to the Epping Bible Baptist Church for their generous assistance in providing a wonderful, handicapped-accessible meeting place for the Bear Den. We would like to thank the Epping School System (SAU 14) for their generous donation of a handicapped-accessible meeting place for our monthly Pack meetings!

If you can’t make one of our meetings but would like more information on joining Cub Scouts, please contact our Cubmaster Craig Clough at cclough154@comcast.net or 734-2124.
Join us on Facebook and keep track of the Pack
http://m.facebook.com/group.php?gid=199059685109&fbb=r6c4d2187&refid=46 or for even further information on our Pack, please check out our website: http://www.pack136epping.org/calendar

**Boy Scout Troop 136**

The Troop was very active over the past few months completing a season of outdoor activities, community service, Eagle Scout projects, and a Court of Honor.

Way back in January and February, Troop 136 was the class of the field in the annual Klondike Derby and at a new event called the Winter Challenge. The Scouts placed Third out of thirty patrols for the Klondike Derby, and placed FIRST in the inaugural Winter Challenge that included, snowshoeing, target shooting, first aid and emergency shelter construction.

In May, the Troop was well represented at the annual Tri-District Camporee that takes place in upstate New York. Scouts from Canada and the U.S. share in competition and camaraderie for the three-day event. Troop 136 placed Fourth overall out of thirty competing units, which was an exceptional accomplishment considering that many of the Scouts were competing for the first time.

At the most recent Court of Honor, held on June 18th, twelve Scouts earned the Astronomy merit badge and one received the First Aid merit badge. The unit as a whole was awarded the Boy’s Life Gold Unit Award indicating that Troop 136 was an exceptionally active unit with healthy enrollment, retention, advancements, and participation both by the Scouts and their trained adult leaders.

The Court of Honor also marked advancements for individual Scouts. Nick Clough and Zach Oumansauer both achieved the rank of Scout. David Morasco accelerated through two ranks, Tenderfoot and 2nd Class Scout. Alex Cray also became a 2nd Class Scout while Joshua Houston advanced to 1st Class Scout. Steven Chadwick advanced to Star Scout. Two Scouts achieved the Life Scout rank, the final advancement before Eagle Scout. Those Scouts were Ritchie Smith and Dylan Rees.

Christian Cook was confirmed as an Eagle Scout after completing his Eagle Scout project and his Eagle Board of review. You can view Christian’s Eagle Project on the grounds of the American Legion Post 51. The Memorial Garden is nicely set out on the grassy area behind the Legion Post. It will be worth stopping by to visit and plans are already underway to expand the memorial.

This summer, the Scouts will be going to summer camp at Hidden Valley from July 19th to August 4th. Scouts will be selling the 2013 Epping Community Calendar over the summer this year. When you purchase a calendar for $5.00, you will be able to list special events such as birthdays and anniversaries so all in our community can share in your special days. Local businesses can also purchase advertising space on the calendar as well.

If your son is 12 to 17 years old and wishes to join Scouting in order to learn values and skills that last a lifetime, please contact Les Houston at 679-9595.

**Girl Scouts of the Green and White Mountains**

**The Choices She Makes Start Here...**

Today's girls are destined to lead tomorrow's boardrooms and courthouses and run our hospitals and technology start-ups. But a cycle of discouragement is stopping girls from moving forward. They're backing down from their aspirations. They're opting out from activities they once loved. They're even shying away from raising their hands in class. **Girl Scouting builds girls of courage, confidence, and character, who make the world a better place.**

Every girl has the ability to lead. But only one girl in five believes she can. A lack of role models, unhealthy images of beauty, peer pressure to not stand out, and a mean-girl culture are just some of the obstacles that stand between girls and their full potential.

**Sign Up Today to Help Girls in Your Community - Become a Volunteer!**

Volunteering opportunities with Girl Scouts are tailored to fit your calendar, your skills, and your interests. Your time as a volunteer will provide girls the free and safe environment they need to pursue whatever interests, causes, and leadership roles are most important to them. With your support, girls will stand up, stand out, and stand tall.

Visit [http://www.girlscoutsgwm.org](http://www.girlscoutsgwm.org) to become a member for the 2012 - 2013 Membership year.

Submitted by Crystal Sexton, Manager

**Membership Growth and Community Development**

**Girl Scouts of the Green and White Mountains**

**Serving New Hampshire and Vermont**

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**www.SpeakUpEpping.org**

**SpeakUpEpping@gmail.com**
4-H’ers Take First Place in eCybermission Competition

Team MakeTheBestBetter Pictured from left: Tiffany King of Epping, Rachel Laughner and Katarina Vogel of Raymond, and Michael Liebfried of Brentwood. Not shown is the Team Adviser Doug Vogel.

A group of eighth graders involved with 4-H in Rockingham County recently took first place in the eCybermission Science, Technology, Engineering, and Mathematics (STEM) challenge sponsored by the U.S. Army. Team MakeTheBestBetter, made up of eighth graders Tiffany King, Rachel Laughner, Michael Liebfried, and Katrina Vogel each received a check for $500 for their “Where Is Your Recycling Bin?” experiment conducted in local schools. The team studied the impact on recycling use related to the location of bins. All results were submitted and judged online through eCybermission.com.

For more information about eCybermission or 4-H in Rockingham County, contact Rick Alleva at 679-5616 or rick.alleva@unh.edu.

4-H is the youth development program of the UNH Cooperative Extension. Through participating in 4-H, youth experience a sense of belonging, learn important life skills, have a voice in shaping their future, and make a positive difference in the world. In Rockingham County, more than 1,000 4-H members and 200 adult volunteers and student interns are involved in 4-H through local clubs, afterschool programs, state, and national events.

Explorer Post 716

The Epping Fire Department Explorer Post 716 is accepting new members. The group meets every 2nd and 4th Thursday evenings from 7:00 to 8:30 pm. The Explorers, young men and women ages 14 to 20, learn how to use the Fire Department equipment and do search and rescue. Once the probationary (learning) period is over, they may assist on fire calls. Explorers are allowed to ride on the apparatus if seats are available and assist firefighters with the self-contained breathing apparatus (SCBA), supervise the rescue truck and perform many other duties at a fire scene. For more information call Cliff Cray at 396-9436 or leave a message for him at 679-5446.

Police Explorer Post 714

Youth 14 and older may also join the Police Explorer post by calling 679-5122.

Epping Community Church

Epping Community Church is always pleased to welcome visitors. Visiting a church where you have never attended, or where it may have been years since you last visited, can be an intimidating experience. Particularly it can be intimidating when the word “religion” is attached. What will you find if you choose to visit us on any given Sunday morning?

You will find a warm and welcoming group of people who are pleased to have you present. You will not be pressured or forced in any way to join, commit, or put your name on the dotted line regarding joining our church membership. We always welcome new members, but we want individuals to join when they feel God leading them to be part of the spiritual life of our church.

Worship is held every Sunday morning at 9:00 am. The service will last from one hour to an hour and fifteen minutes. Across the course of each month, you will hear a variety of music. Epping Community Church is blessed with a wonderful Choir, Bell Choir and Praise Band. Music will vary from traditional and classic choral to contemporary praise, blues, jazz and country gospel.

The Good News Proclaimed

The pastor’s sermons are generally didactic and include dialogue. You are invited to encounter the Good News of the Gospel in a contemporary and faithful context to the Word of God. We observe communion (the Lord’s Supper) on the first Sunday morning of each month. All followers of Christ are welcomed to the table.

Epping Fire Department

We have a certified instructor in infant seat installation. Please call 679-5546 and make an appointment to have your infant seat installation inspected.

www.SpeakUpEpping.org

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SpeakUpEpping@gmail.com
Sunday School
There is a modified non-traditional Sunday School for children—classroom without walls and Bible teaching unconfined. We teach a positive message of Good News to our children. We want them to know and learn early in life how to grow spiritually in the love of God as witnessed in the life of Christ. During the months of July through August our Sunday School is dismissed until after Labor Day.

Bible Study and Prayer Group
You are always welcome at the Bible study on Thursday mornings at 9:00 am and to participate in our Thursday morning prayer group at 10:00 am.

Missions
We exist for one reason, to serve God. Our Food Pantry, Coats of Caring closet, and other programs are present not because of works, but because fruits are borne out of right relationship with God in Christ.
We have Thursday Soup of the Day Café on Thursdays from 11:00 am to 12:30 pm. A wonderful opportunity presents itself around a tasty luncheon on Thursdays.

The Food Pantry is open on Thursdays and Saturdays from 9:00 to 11:00 am and is located at the Community Church on the corner of Pleasant and Main Streets. Serving families and individuals who find themselves in difficult circumstances, a variety of food items (perishable and non-perishable) is made available. Because there is such great need, we are joined in the effort by St. Joseph Roman Catholic Church, Walmart, Starbucks, Hannaford’s, students and teachers of the Epping School system, the Boy Scouts, the U.S. Postal Service and an entire group of very dedicated individuals within our church and from the community. Suggested items for donation to the Food Pantry are: Cereal, Soup, Tuna, Mac & Cheese, Canned Veggies, Crackers, Juice, Pasta, Sauce, Canned Fruit, Toilet Paper, Shampoo, Bar Soap, Dish Liquid, Laundry Soap.
*PLEASE NOTE that anticipated construction during part of July and the month of August may alter Food Pantry and Soup of the Day operations. Please check regularly to be sure these programs are open during that period.

We will not hold a Third Saturday Dinner during July, but on Saturday, August 18th we will be holding a Fish Fry, serving from 5 to 7.

We also support Church World Service, Christian Hands in Action, Red Bird Medical Mission and various other groups.
Would you like to know more about our church, worship or programs? Call (603) 679-5542 and leave your name, number, question and best time to reach you. We will return a call as promptly as possible.

St. Joseph Catholic Church
208 Pleasant St. (Rte 27)
Epping, NH 03042
Office telephone 603 679-8805
July 15th the Annual Motorcycle Blessing at 1:00 pm, sponsored by the Knights of Columbus. Come enjoy a cookout and share lots of great fun and fellowship.
August 18th Knights of Columbus Chicken BBQ 5:00 pm.
If you have any questions, please call the Rectory Office 679-8805 or check our website at http://stjosepheppingnh.com for further information on upcoming events.

Epping Bible Baptist Church
We are a Bible-based church located at 243 Pleasant Street.
We have Sunday School for all ages from 9:30 - 10:30 am.
Morning worship Service begins at 10:45 am.
We also have an informal evening service from 6:00 - 7:00 pm.
We offer a 3-year College Bible Course that takes place on Monday nights at the church beginning at 6:30 pm. You can find out more information about this amazing Bible Institute at http://www.faithbibleinstitute.com
Wednesday nights we have prayer meeting at the parsonage that starts at 7:00 pm.
Thursday nights we offer a small group gathering for young adults located at The Porch (the old Leddy Center on Main Street) starting at 6:00 pm.
Friday night would be a great date night for you parents of kids ages 3 to grade 6. We offer a program called AWANA starting at 7:00 pm at the church. This program includes age-appropriate games, Bible memorization and a Bible story time promoting positive behavior. It ends at 8:30 pm.
Our Food Pantry is open every second and third Friday of the month from 1:00 to 2:30 pm.
Saturdays we hold a teen youth group at The Porch for grades 6 - 12 starting at 7:00 pm.
Our goal is to serve our community and surrounding communities in any way we can by showing the love of Christ. Please feel free to contact us at any time if we can be of assistance to you: pastorron@eppingbible.org

We have all our services online for your viewing. www.eppingbible.org. Also, our Sunday morning services are aired on ETV – channel 22.

**West Epping Quaker Meeting House**

Friends (Quakers) have been meeting in Epping since 1772. The present Meeting House was built on Friends Street in 1851 on land given by John Folsom. His granddaughter Mary Folsom Blair helped keep the Meeting going throughout her life. The West Epping School, where Mary Folsom Blair taught for many years, stands on land donated by the Folsom family and is now a private residence. In his day, the poet John Greenleaf Whittier would come up from Amesbury to join the meetings.

Our building is simple, in the tradition of Friends. It is a pristine white building with no twentieth century additions. There are two rows of “facing benches” in the front for the elders and interior wooden shutters that in the past could be drawn down to divide the congregation into a men’s and woman’s side for meeting for business. These shutters are counterweighted with boulders in the attic of the building. The Meeting House is surrounded by the remaining stand of the famous West Epping pine trees.

We have Meeting for Worship every first and third Sunday at 10:00 am. We meet in silent meditation for an hour. If someone feels moved to share a message they are encouraged to do so. Because our group is small the meeting remains rather silent. We welcome visitors to our meetings to join with us. For those who would enjoy just visiting the Meeting House they may call the Clerk, Fritz Bell, at 244-1119 for a tour.

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**Harvey-Mitchell Memorial Library**

Epping’s Public Library
151 Main Street, Epping – right next door to Town Hall
(603) 679-5944 Fax (603) 679-5884
www.eppinglibrary.com

Everyone in Epping will be dreaming big this summer, dreaming of a new library! The Board of Trustees has hired an architect who will spend the summer designing a plan for a new library and adjacent park space here at 151 Main Street, based on input from the Building Committee and public design forums. While he designs, Fund Raising Committee members will be dreaming of ways to raise money for this amazing project. Anyone with experience or knowledge in such endeavors is welcome to contact Director Bradley Green to participate in this important group. There will be some exciting things happening at HMML this fall and in the coming year.

Three different groups gathered to support the Library and the Town on June 23rd and had a wonderful response from the community. In tandem with the Garden Club’s Yard and Plant Sale and the Friends of the Library’s Outdoor Book Sale, our annual Toy Sale went more smoothly than ever! Thanks to coordinators Heather Clark and Jenn St. Cyr, thousands of toys got collected, washed, sorted, priced and displayed so that the children’s room was full to overflowing. With help from many teen volunteers on set-up day and sale day itself we re-homed hundreds of gently used toys, and even saw some favorites coming through the Toy Sale for the second time! We so appreciate the generosity of our friends and neighbors here in Epping for donating so much year after year to help support our summer programs. Thank you, too, to those who came and shopped on Toy Sale day. The funds raised will be used throughout the summer to provide incentives and materials for the children participating in our summer reading program.

This year The HMML joins thousands of other libraries across the country as everyone lets
theirselves “Dream Big – Read!” The 2012 summer program will run from June 25th to August 17th and is open to children from toddlers to teens. Registration will be open through July and takes just a minute at the children's room circulation desk. Each child takes home a reading log to record how much time is spent reading (or being read to) between library visits. On check-in, a staff member tallies those minutes and pays $1.00 in “book bucks” for every 30 minutes. This money will be used in the SRP (Summer Reading Program) Store for snacks, books, craft items, toys and other goodies once the store opens on July 10th.

The response to our call for SRP Volunteers was impressive this spring. We now have a team of more than a dozen Epping Middle and High School students working with the staff who will take turns helping on weekdays with log tallying, crafts, story puzzles and games based on weekly themes including Night and Fantasy Creatures, Olympic Dreams and Astronomy Week. Our regular Story Hours for 2-6 year olds will continue all summer while exploring many of the same themes as the big kids. A Weekly Activity posting in the building and on the website will list the many exciting programs the Epping's Recreation Department has planned as well as special events at the library for kids of all ages. This summer we welcome 17-year old Carissa Johnson as our summer student assistant. Carissa has been volunteering at HMML since she was 11 when she began helping with Pajama Nights and Story Explorers. She will be a senior at Seacoast Charter High School in the fall.

Some upcoming events for children include:

**Wed, July 11th** at 1:00 pm **Loon Program** – The “Loon Lady” returns with her narrated slide show telling the story of Grapenut, a common loon growing up on Lake Massabesic

**Fri, July 13th** at 1:00 pm **Critters N' Creatures Animal Show** at EES (sponsored by Rec)

**Fri, July 20th** at 11:00 pm **Little Red Wagon Theater Troupe** at EES (sponsored by Rec)

**Tues, July 24th** at 11:00 am and 1:00 pm **Cake Walks** – We will honor Ms. Young and summers past with dancing and homemade cupcakes. Baked donations welcome!

**Thurs, August 2nd** at 7:30 pm **Marshmallows and the Moon** – a campfire, marshmallow roast and some stargazing with the library’s new telescope. Bring your own if you like!

**Fri, August 10th** at 1:00 pm **Mad Science Rocket Show** at EES (sponsored by Rec)

**Adult programs in July and August:**

**Book Groups**

Both the Eclectic Book Club and the Dusty Ol’ Mystery Book Club will be taking July off to enjoy the summer, but the Eclectic Book Club will be back for an August meeting at 7:00 pm on **Wednesday, August 8th** to discuss “On the Road” by Jack Kerouac.

The library will be closed on July 4th in honor of Independence Day. For any information, check our website www.eppinglibrary.com or call 679-5944.

**Friends of the Library**

What are the Friends of the Epping Public Library? We are a non-profit group, dedicated to assisting our Town Library in many ways. We hold several fundraising drives throughout the year. Right now, we have tote bags for sale at the Library for $12, in four different colors – red, green, blue and purple. With the money we raise, we are able to purchase items that the Library would not otherwise be able to afford or that are simply “wish list items”.

The Friends also host an on-going Food Pantry Donation Box in support of Epping’s Food Pantry at the Community Church. Non-perishable items are always welcome to help neighbors who may be struggling to make ends meet. The box is located near the front door on the main level of the library.

Who are the F.O.L.? We are Epping residents who love our Town and our Library. F.O.L. meets the 2nd Tuesday each month at 7 pm. Thank you for supporting the Friends of the Library!

**The Porch**

The Porch is a nondenominational, not-for-profit, family oriented organization. We provide a safe place for kids to go after school and use computers, do their homework, play pool, watch TV or just hang out.

We are open Monday, Wednesday and Friday from 2:30 to 4:30 pm for anyone in Grades 6 - 12.

Tuesdays and Thursdays are for Grades 1 - 5. Hours are 3:00 to 5:00 pm.

Transportation will be provided from the Elementary School to The Porch. Please e-mail eppinglighthouse@hotmail.com to request a form allowing your child to be picked up.

Everything at The Porch is free of charge. We provide snacks and drinks every day.

We also offer a variety of services to the community, including after school tutoring and counseling for all ages. Please feel free to e-mail us about any of our services. We’re here to serve you!
Epping Recreation Department News
Home of the "River Otters" and "Avenue A"
Director: Nicole Bizzaro
17 Academy Street
Phone: 679-3301 Fax: 679-3006
rec@townofepping.com
eppingrecreation.org/avenueayouthcenter.org
Join us on Facebook and follow us on Twitter.

The Recreation Department aims to provide the residents of Epping with a broad selection of recreational, educational, and cultural leisure opportunities that will enhance the quality of life for all residents. We are always working to establish new programs and facilities that meet the community's changing needs.

Adult Basketball
Want to play some adult basketball? Come join The Epping Recreation Department for some pick up Co-ed basketball in the Epping Middle School Gym Thursday and Sunday nights!
Days / Times: Thursday - 7:30 - 9:00 pm
Sunday - 7:00 - 9:00 pm
Location: Epping Middle School Gym
Cost: $30 for 10 nights - Please make check out to the "Town of Epping."

Each participant is required to sign a waiver form prior to playing and payment. Waiver forms will be available at the gym. We will have a sign in sheet, to keep track of days used. Once you have used your 10 nights, bring in your next payment of $30 for 10 additional nights. You won’t be allowed to play if we don’t have a signed waiver and payment. The payment covers the cost of the staff to provide this program.

Check our Facebook page for updates on programs, including cancellations. We will also notify you via e-mail of any program changes, so please provide a current e-mail address!

Guitar Lessons at Watson Academy
For children, teens, and adults alike, taking guitar lessons at Epping Recreation is an enjoyable, affordable, and rewarding experience. Taught by a highly recommended music instructor Joseph K. Murphy, lessons are designed to challenge and educate students while personalizing the curriculum to their musical tastes and needs.
Lessons are for ages 8 to adult.
Rates: $20.00 for ½ hour or $35.00 for 1 hour.
Contact: Joseph K. Murphy 608-8672
josephkmurphy@gmail.com
http://rockandrollwithme.wordpress.com/

Ceramics Classes
We are able to offer Ceramics classes on Friday afternoons for a minimal fee. This program is open to Middle and High School Students, but may also be available to Adults if there is an interest! Please contact us if you are interested!

Zumba
The popular dance aerobics class has come to the Epping Recreation Department! We are pleased to announce our Zumba Instructor Cassandra Mullen, is offering two classes: on Monday and Thursday nights!!
Classes run from 7:45 to 8:45 pm in the Epping Middle School Café. Cost: $35 for 6-week session or $7 Drop-In
Please visit Cassandra’s Facebook page for more class information and to give music choice suggestions.
http://www.facebook.com/zumbawithcassandra

Martial Arts Programs at Epping Recreation and EES (offered by Derry ATA)
Karate Classes
Grades K - 8, Tuesdays and Thursdays at EES, 3:30 - 4:15 pm, $65 per month.
*SPECIAL: New students who sign up will receive TWO FREE WEEKS!

*All beginners receive a FREE uniform!
For more information or to sign your child up, please contact Mrs. DeNapoli at 603-434-9444 or e-mail at derryata@aol.com.

Calling All Senior’s Over 55 Years of Age!
Join the Watson Senior Citizens Group for some Wii Bowling on Thursday Mornings and a Brown Bag Lunch Social!
When: Thursdays, 11:30am -1pm
Where: Watson Academy (Epping Recreation Center)
Cost: FREE

(Don't worry if you don't know how to Wii Bowl yet, we can teach you, it's easy and FUN!)

Friends of Epping Recreation Department
This group was originally formed to establish a town park in Epping. Although that is still the group’s ultimate goal, they have added the task of improving current town owned recreation facilities that are not covered by tax dollars, as well as offering community special events, some as fundraisers and some just for fun! They work under the Town’s Recreation Department as a volunteer group to make a huge difference in our town. If you
would like more information about this wonderful group and how you can get involved, please contact eppingrecreation@gmail.com.

Families First

**support for families...health care for all**

**FAMILY MORNING OUT**

**Thursdays, 9:30 - 11 am. Free**

**Through June 14:** Epping Recreation Center.

**July 12 - August 16:** Epping Elementary School.

Family Morning Out is for children ages birth to six, with parents or other caregivers. During the first 45 minutes, children and parents together will explore age-appropriate crafts and other activities, have positive play with peers and adults, and enjoy songs, stories and snacks. In the second 45 minutes, children have fun with our child-care staff, while parents relax and have the opportunity to talk about life with kids. Facilitator: Jodi Foster

There is no charge, but advance sign up is required: call Families First at 422-8208, ext. 2.

Eping residents also are welcome to take advantage of the many parenting and family programs, as well as affordable medical and dental care, offered at Families First's facility at the Community Campus in Portsmouth. For more information about the community health center, visit www.FamiliesFirstSeacoast.org or call 422-8208.

In addition to Walmart, supporters of these programs include the state of New Hampshire and the Fuller Foundation.

**Epping School District News**

This next school year we will have a similar school calendar to last year. There will be no early release days and professional development training days for staff members have been scheduled on days prior to holiday weekends. The first day of the 2012-2013 school year is Tuesday, September 4th. Please visit www.sau14.org for the 2012-2013 School Calendar.

**School Board Meeting Schedule**

The Epping School Board holds regular meetings at 7:00 pm in the Epping Town Hall. The public is invited to attend. Meetings are also televised by ETV. Agendas and minutes are posted on the district website at www.sau14.org under School Board—Agenda and Minutes. ETV is also streaming meetings that can now be watched on your computer at http://etv.22.pegcentral.com.

*July 5th and 19th*

*August 2nd and 16th*

**Epping Elementary School (EES)**

**July 17 – August 9 – Extended Year Program** is being offered in Reading & Math on Tuesday, Wednesday and Thursday mornings.

**July 12 – August 16 – Family Morning Out** for children ages birth to six & parents from 8:30 – 11:30 am. Advance signup is required! Please call 422-8208, ext. 2.

**August 22 – New Student Orientation for new incoming students in grades 1 – 5** will be held at Epping Elementary School from 9:00 to 11:00 am.

**September 4 – First Day of School Celebration from 8:10 am to 9:20 am**

Parents are invited to join their children and our teachers and administrators on our first day of school. This celebration is an opportunity for parents to meet other parents, get to know the people who have a shared interest in your children’s education and learn some easy and effective ways to help them throughout the school year.

**September 11 – Olweus Bullying Prevention Kick-Off**

Submitted by Cheryl A. MacLeay

**Epping Middle School (EMS)**

Dylan Greenwood and Ashley Krenzer with Governor John Lynch – honored at 13th annual Scholar Leader Awards Banquet on May 31, 2012
Epping Middle School Pride Honor Roll for Quarter 4 of the 2011 - 2012 School Year

Highest Honors in Learning: Hanna Chomas from the Captain America Team; Emily Colban from the Teenage Mutant Ninja Turtles Team; Keelin Berger and Aladia Ruiz from the Achilles Team; Evelyn Carleton, Maylee Gagnon, Victoria Maestas, Katie Pelletier and Samantha Prince from the Daredevils Team.

Highest Honors in Work Habits/Ethics: Hanna Chomas, Madeline Marchisio and Chloe Pelletier from the Captain America Team; Emily Colban, Emily Donovan, Sophie Jordan, Sabrina Patterson and Sophia Randall from the Teenage Mutant Ninja Turtles Team; Evelyn Carleton, Maylee Gagnon and Victoria Maestas from the Daredevils Team

Honors in Learning: Nicholas Arsenault, Ryen Gallagher, Bradley George, Olivia Goodrich, Jessica Gosselin, Glenn Hagan, Ashley Krenzer, Ashley MacLeod, Madeline Marchisio, Deanna McCullen, Breuna Munroe, Noelle Nee, Cameron Osgood, Chloe Pelletier, Bryce Pietrini, Sabrina Portes, Zyan Prestridge, Hunter Quist, Sabrina Rivers and Alexa Wells from the Captain America Team; Madelyn Bentz, Thomas Bullock, Erin Daley, Xavier Dixon, Emily Donovan, Cooper Garrow, Alexander Johnson, Sophie Jordan, Carson Lustenberger, Mark Marasca, Brandi McKay, Jacob McKay, Kate Moss, Brenna Osgood, Sabrina Patterson, Matthew Pipitone, Sophia Randall, Devyn Simard, and Garrett Snyder from the Teenage Mutant Ninja Turtles Team; Lucas Albro, Everett Brown, Jr., Stephanie DiFrancesco, Jesse Ellis, Rianna Greenwood, Camille Jansson, Kiley LaFond, Connor Lawton, Catriona Poulin and Caleb West from the Achilles Team; Jacob Bisaillon, Riley Brissette, Emma Coolidge, Veronica Hackett, Grant Haley, Konrad Hodgman, Parker Holt, Garrett Hughes, Morgan Lambert, Damien LoPresti, Benjamin Mailhot, Rebecca Milbury, Alec Silva, Tyler Wall, Emerson Waning and Kayla Wells from the Daredevils Team.

Congratulations to all for a job well done.

Epping Middle School’s last day was a huge success. Field day was held for all of the grades. The 8th grade had a breakfast before going to field day. At lunch, the 8th grade also had a cookout for their final day.

The afternoon brought about the last Guiding Principles Assembly. The awards were given to those students who most exemplified the Guiding Principles throughout the school year. Those receiving the Guiding Principle All-Star Awards were: Rianna Greenwood and Keelin Berger from the Achilles Team; Victoria Maestas and Katie Pelletier from the Daredevils Team; A.J. Johnson and Sophie Jordan from the Teenage Mutant Ninja Turtles Team, Sabrina Portes and Bryce Pietrini from the Captain America Team; Tyler Wall and Evelyn Carlton from the Unified Arts 6th Grade Team; Garrett Snyder and Emily Colban for the Unified Arts 7th Grade Team; and Dylan Derosier and Danea Welch from the Unified Arts 8th Grade Team. Katie Pelletier also received the Paul Newman Humanitarian Award for her philanthropy.

Congratulations to all – you make us very proud!

Submitted by Sue Thompson

Email Address Changed?
If your email address has changed, please notify us through our website at: www.SpeakUpEpping.org

Newsletter Schedule
Have we missed your group or event? Please let us know. Our purpose is to include as many Epping groups and events as possible.

The next issue (September-October) of this newsletter will be available September 1, 2012. We will accept submissions through August 25, 2012, to be included in the next issue. Please send your content with contact information for consideration to our Newsletter website at: www.SpeakUpEpping.org or by e-mail to bhelmstetter@comcast.net.

Now Accepting Business Ads!
Would your business like to advertise in this newsletter? Business card-sized ads cost just $25.00 per newsletter issue for in-town businesses and $35.00 per issue for out-of-town businesses. If you prepay for one year in advance you pay only $125, which means you get your ad in at least one issue for free. We expect to send out six issues per year. We currently e-mail this newsletter to approximately 200 homes and we distribute over 250 paper copies around town. For more information or to place an ad in the next issue, visit our website at: www.SpeakUpEpping.org.

Thanks for reading! - The Communications Group
Thanks to our business advertisers!

Bodywise

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PO Box 836
Epping, NH 03042
Tel: (603) 679-1726
Fax: (603) 734-5629
BRHardyCPA@Myfairpoint.net

Awakening Grace Yoga
Find your grace through yoga practice.
51 Main Street, Epping, NH 03042
phone: 603 948 5873
molly@awakeninggraceyoga.com
www.awakeninggraceyoga.com

Save this page for future reference
# Epping Calendar of Events for July 2012

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>June 30 – July 1</td>
<td>Boston/Portsmouth Air Show with the Blue Angels at Pease AFB</td>
</tr>
<tr>
<td>July 4</td>
<td>Fourth of July Holiday</td>
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<tr>
<td>July 5</td>
<td>Epping Community Church Food Pantry - 9 - 11 am</td>
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<tr>
<td>July 5</td>
<td>Epping School Board meeting - 7 pm in Epping Town Hall</td>
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<tr>
<td>July 6 - 23</td>
<td>“Fiddler on the Roof” at the Leddy Center</td>
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<td>July 7 - 8</td>
<td>Beautification work around Epping by Lowe’s employee volunteers</td>
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<tr>
<td>July 7</td>
<td>Epping Community Church Food Pantry - 9 - 11 am CHECK IF OPEN</td>
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<tr>
<td>July 8</td>
<td>American Legion Sunday breakfast CANCELLED</td>
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<tr>
<td>July 9 - 13</td>
<td>Cub Scout Day Camp - 8 am to 4 pm at Portsmouth YMCA</td>
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<tr>
<td>July 11</td>
<td>Library Loon Program – The “Loon Lady” tells the story of Grapenut – 1 pm</td>
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<tr>
<td>July 11</td>
<td>Friends of Epping Recreation - 6:30 pm Watson Academy</td>
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<tr>
<td>July 11</td>
<td>Knit Night at the Library - 7 pm</td>
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<tr>
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<td>Epping Community Church Food Pantry - 9 - 11 am CHECK IF OPEN</td>
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<td>Epping Bible Baptist Church Food Pantry - 1:00 - 2:30 pm</td>
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<td>July 13</td>
<td>Critters N’ Creatures Animal Show at EES (sponsored by Rec) – 1 pm</td>
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<td>July 14</td>
<td>Epping Community Church Food Pantry - 9 - 11 am CHECK IF OPEN</td>
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<tr>
<td>July 15</td>
<td>Annual Motorcycle Blessing and cookout at St. Joseph Church – 1 pm</td>
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<tr>
<td>July 15 – 19</td>
<td>Cub Scout Resident Camp at Camp Carpenter</td>
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<tr>
<td>July 16</td>
<td>Library Board of Trustees Meeting - 7:15 pm</td>
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<tr>
<td>July 17–August 9</td>
<td>EES extended year program in reading and math, Tues, Wed, Thurs am</td>
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<td>July 19</td>
<td>Epping Community Church Food Pantry - 9 - 11 am CHECK IF OPEN</td>
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<td>Epping School Board meeting - 7 pm in Epping Town Hall</td>
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<td>July 19–August 4</td>
<td>Boy Scout Summer Camp at Hidden Valley</td>
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<td>July 20</td>
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<td>Little Red Wagon Theater Troupe at EES (sponsored by Rec) – 11 am</td>
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<tr>
<td>July 24</td>
<td>Epping Lions Club meeting - 6:30 pm</td>
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<tr>
<td>July 24</td>
<td>Library Cake Walks – 11 am and 11 pm</td>
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<tr>
<td>July 25</td>
<td>Knit Night at the Library - 7 pm</td>
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<td>July 26</td>
<td>Epping Community Church Food Pantry - 9 - 11 am CHECK IF OPEN</td>
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<tr>
<td>July 28</td>
<td>Epping Community Church Food Pantry - 9 - 11 am CHECK IF OPEN</td>
</tr>
</tbody>
</table>
# Epping Calendar of Events for August 2012

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>August 2</td>
<td>Epping Community Church Food Pantry - 9 - 11 am <strong>CHECK IF OPEN</strong></td>
</tr>
<tr>
<td>August 2</td>
<td>Epping School Board meeting - 7 pm in Epping Town Hall</td>
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<tr>
<td>August 2</td>
<td>Marshmallows and the Moon at the Library – 7:30 pm</td>
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<tr>
<td><strong>July 19-August 4</strong></td>
<td>Boy Scout Summer Camp at Hidden Valley</td>
</tr>
<tr>
<td>August 4</td>
<td>Epping Community Church Food Pantry - 9 - 11 am <strong>CHECK IF OPEN</strong></td>
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<tr>
<td>August 8</td>
<td>Eclectic Book Group at the Library - 7 pm “On the Road” by Jack Kerouac.</td>
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<tr>
<td>August 8</td>
<td>Knit Night at the Library - 7 pm</td>
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<tr>
<td>August 8</td>
<td>Friends of Epping Recreation - 6:30 pm Watson Academy</td>
</tr>
<tr>
<td><strong>July 17-August 9</strong></td>
<td>EES extended year program in reading and math, Tues, Wed, Thurs am</td>
</tr>
<tr>
<td>August 9</td>
<td>Epping Seniors meet at Watson Academy - 1 pm Shopping at Merrimack Mall</td>
</tr>
<tr>
<td>August 9</td>
<td>Epping Community Church Food Pantry - 9 - 11 am <strong>CHECK IF OPEN</strong></td>
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<tr>
<td>August 10</td>
<td>Epping Bible Baptist Church Food Pantry - 1:00 - 2:30 pm</td>
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<tr>
<td>August 10</td>
<td>Mad Science Rocket Show at EES (sponsored by Rec) – 1 pm</td>
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<tr>
<td>August 11</td>
<td>Epping Community Church Food Pantry - 9 - 11 am <strong>CHECK IF OPEN</strong></td>
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<tr>
<td>August 12</td>
<td>American Legion Sunday breakfast <strong>CANCELLED</strong></td>
</tr>
<tr>
<td>August 16</td>
<td>Epping Community Church Food Pantry - 9 - 11 am <strong>CHECK IF OPEN</strong></td>
</tr>
<tr>
<td>August 16</td>
<td>Epping School Board meeting - 7 pm in Epping Town Hall</td>
</tr>
<tr>
<td>August 17</td>
<td>Epping Bible Baptist Church Food Pantry - 1:00 - 2:30 pm</td>
</tr>
<tr>
<td>August 18</td>
<td>Knights of Columbus Chicken BBQ at St. Joseph Church – 5 pm</td>
</tr>
<tr>
<td>August 18</td>
<td>Epping Community Church Food Pantry - 9 - 11 am <strong>CHECK IF OPEN</strong></td>
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<tr>
<td>August 18</td>
<td>Epping Community Church Dinner - 5 - 7 pm “Fish Fry”</td>
</tr>
<tr>
<td>August 20</td>
<td>Library Board of Trustees Meeting - 7:15 pm</td>
</tr>
<tr>
<td>August 22</td>
<td>Knit Night at the Library - 7 pm</td>
</tr>
<tr>
<td>August 22</td>
<td>EES New Student Orientation for new incoming students in grades 1 – 5 from 9–11 am</td>
</tr>
<tr>
<td>August 23</td>
<td>Epping Community Church Food Pantry - 9 - 11 am <strong>CHECK IF OPEN</strong></td>
</tr>
<tr>
<td>August 25</td>
<td>Epping Community Church Food Pantry - 9 - 11 am <strong>CHECK IF OPEN</strong></td>
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<tr>
<td><strong>August 25</strong></td>
<td><strong>DEADLINE DATE for the September-October issue of the Newsletter</strong></td>
</tr>
<tr>
<td>August 28</td>
<td>Epping Lions Club meeting - 6:30 pm</td>
</tr>
<tr>
<td>August 30</td>
<td>Epping Community Church Food Pantry - 9 - 11 am <strong>CHECK IF OPEN</strong></td>
</tr>
<tr>
<td><strong>September 3</strong></td>
<td><strong>Labor Day Holiday</strong></td>
</tr>
<tr>
<td><strong>September 4</strong></td>
<td><strong>First Day of School for 2012 – 2013 School Year</strong></td>
</tr>
</tbody>
</table>

If you would like your next event to appear on the Calendar of Events, please send us an e-mail at speakupepping@gmail.com by **August 25, 2012**. Please include the date, event name, location and time.